

Newcomers' Workshop

If you feel you might be a compulsive overeater, or just have a problem with food, come and listen to others speak about this disease. We will share our **experience** with this disease, our **strength** when we learn that others have had similar problems, and our great **hope** that there is a better way of life.

There is a Solution

There are literally millions like you who have found a solution with the organization of Overeaters Anonymous. Based on the 12 steps of Alcoholics Anonymous, this organization has been around since 1960. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

It's Free

This workshop is free for all Newcomers who think they may be a compulsive overeater. There are no dues or fees for members. We are self-supporting through our own contributions.

Schedule

You can attend all or part of the workshop. There will be a salad bar at the hotel if you stay the whole day for the price of \$7.95 plus tax. The hotel is requesting a head count for those dining at the salad bar.

If you will be dining at the hotel salad bar, please RSVP to OAMcKinney@aol.com

There will be literature available to purchase.



DATE & TIME

Saturday, January 23 9am—4pm

LOCATION

Radisson Dallas East
11350 LBJ Freeway@ Jupiter Rd
Dallas, TX 75238